

Welcome to
your Parish Church
in the Diocese of Birmingham



ALL SAINTS
KINGS HEATH

Holy Communion

Trinity 8, Sunday 21st July 2024

We gather

For those worshipping at home, have ready in an honoured place a portion of food and something to drink. It may be bread and wine or something else. Set your Bible alongside. You might light a candle.

Music as we gather: [Follow me](#)

*Follow me, follow me, leave your home and family,
leave your fishing nets and boats upon the shore.
Leave the seed you have sown, leave the crops that you've grown,
leave the people you have known and follow me.*

1. The foxes have their holes and the swallows have their nests,
but the Son of Man has no place to lie down,
I do not offer comfort, I do not offer wealth,
but in me will all happiness be found.

2. If you would follow me, you must leave old ways behind.
You must take my cross and follow on my path.
You may be far from loved ones, you may be far from home,
but my Father will welcome you at last.

3. Although I go away you will never be alone,
for the Spirit will be there to comfort you.
Though all of you may scatter, each follow his own path,
still the Spirit of love will lead you home.

(words: Michael Cockett; music: Cuddy Madeleine, arr Donald Thomson)

We sing: [Christ is the world's Light](#)

1. Christ is the world's Light, he and none other:
born in our darkness, he became our Brother;
if we have seen him, we have seen the Father:
Glory to God on high.

2. Christ is the world's Peace, he and none other:
no-one can serve him and despise another;
who else unites us, one in God the Father?
Glory to God on high.

3. Christ is the world's Life, he and none other:
sold once for silver, murdered here, our Brother –
he who redeems us, reigns with God the Father:
Glory to God on high.

4. Give God the glory, God and none other;
give God the glory, Spirit, Son and Father;
give God the glory, God in Man my brother;
Glory to God on high.

(words: Fred Pratt Green; music: Melody from 'Paris Antiphoner' [1681])

Priest Grace, mercy and peace from God our Father and the Lord Jesus Christ be
with you all.

All: And also with you.

WELCOME and NOTICES

We pray: **Almighty God, to whom all hearts are open, all desires known
and from whom no secrets are hidden: cleanse the thoughts of
our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen.**

We seek forgiveness

CONFESSION

Deacon God proves his love for us in that while we were sinners Christ died for
us. Therefore with confidence let us confess our sins and seek his
forgiveness.

(Romans 5:8)

Silence

**All: Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord. Amen**

FORGIVENESS *is declared:*

[May] the Father of all mercies cleanse *us* from *our* sins, and restore *us* in his image to the praise and glory of his name, through Jesus Christ our Lord. **Amen.**

We stand to give thanks for forgiveness, singing THE GLORIA

Glory! Glory! Glory to God!

Glory! Glory! Glory to God!

1. Glory to God in the heights of the heavens.
Peace to God's people, all people on earth.

2. Son of the Father, all glory and worship;
praise and thanksgiving to you, Lamb of God.

3. You take away the sin of the world;
have mercy on us, receive our prayer.

4. Seated in pow'r at the right of the Father,
Jesus alone is the Lord, the Most High.

5. And with the Spirit of love everlasting,
reigning in glory for ever. Amen.

(words & music: George Salazar, trans/arr Paul Inwood)

THE COLLECT for the EIGHTH Sunday after Trinity

Lord of all power and might, who art the author and giver of all good things: Graft in our hearts the love of thy name, increase in us true religion, nourish us with all goodness, and of thy great mercy keep us in the same; through Jesus Christ our Lord. **Amen.**

READINGS [Jeremiah 23: 1 – 6](#) and [Ephesians 2: 11 – end](#)

HYMN: [Father, hear the prayer we offer](#)

1. Father, hear the prayer we offer:
not for ease that prayer shall be,
but for strength that we may ever
live our lives courageously.

2. Not for ever in green pastures
do we ask our way to be;
but the steep and rugged pathway
may we tread rejoicingly.

3. Not for ever by still waters
would we idly rest and stay;
but would smite the living fountains
from the rocks along our way.

4. Be our strength in hours of
weakness,
in our wand'rings be our guide;
through endeavour, failure, danger,
Father, be thou at our side.

(words: Maria Willis; music: Traditional English melody, adapt Ralph Vaughan Williams)

We remain standing for the GOSPEL READING [Mark 6: 30 – 34, 53 – end](#)

Hear the Gospel of our Lord Jesus Christ according to Matthew

All: Glory to you, O Lord.

At the end This is the Gospel of the Lord

All: Praise to you, O Christ.

SERMON in Church is by Tariro

For reflection at home:

In our Mark reading we encounter the apostles gathering around Jesus and giving feedback on what they have been doing. What jumps to mind is the term accountability. Who are you accountable to?

This is not just about our work life where we are used to supervision sessions but our private life too, our spiritual life, our physical health, our mental well being? Do we have an accountability partner, someone with whom we can have a conversation and can help keep us accountable? Are we accountable to God? It's easy to want our politicians to be accountable and to demand that they do. But we have to do that ourselves first before we ask that of others.

Jesus tells the apostles to 'Come away to a deserted place all by yourselves and rest a while.' Jesus highlights the importance of resting, having time for self-care. Oftentimes we take pride in how busy we are but how well do we take care of ourselves, our bodies? The world will always ask more and more from us, the needs are always there but taking care of ourselves, taking a break to rest is not laziness or selfishness. Even Jesus wanted the same for the disciples. Rest honours God. Rest was part of the creation story. On the seventh day.

We do not have to wait until we crash or burnout to rest because then it is no longer resting but healing. And maybe, just maybe we need accountability partners to help us with that.

When was the last time you took time to rest for yourself?

What can you practically do to create time and space for rest in your routine?

We can ask God's help in doing this and be accountable to him with our lives.

We affirm our faith

We stand and at home, if able, we turn to look in the direction of Church, to affirm our faith in God, revealed to us as Father, Son and Holy Spirit:

**All: We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit.
Amen.**

INTERCESSIONS

For those at home:

We pray for our world that there be peace and reconciliation and for wisdom and direction for our new government.

We pray for children as schools close and families as summer holidays begin for their protection.

We pray for our church community, especially asking for the Holy Spirit to guide us.

We pray for those who have asked for our prayers remembering especially remember Adrian Koslowski, Tricia Howard, Bill Myring, Howard Drury, Charlotte Dunlop, Martina Osborne, John Wallace-Howell, Shelagh Prain and Roger. and others known to us that there know and feel your presence with them.

We pray for ourselves, as we bring all the things that we have reflected on and the ways we want to proceed being accountable in our lives that we will know deep within us the embrace of love and be patient with ourselves.

We pray for those who have died that console them with your unfailing love.

We stand for THE PEACE

Priest: Since we are justified by faith we have peace with God through our Lord Jesus Christ. The peace of the Lord be always with you.

(Romans 3:1)

All: And also with you.

Let us offer one another a sign of peace.

The Table is prepared in Church. At home, now is the time to say the Lord's Prayer (below) and consume the food and drink you have prepared.

HYMN: [I, the Lord of sea and sky](#)

1. I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
my hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

*Here I am, Lord.
Is it I, Lord?
I have heard you calling in the night.
I will go, Lord,
if you lead me.
I will hold your people in my heart.*

2. I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them.
They turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send?

3. I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them.
My hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send?

(words & music: Dan Schutte, based on Isaiah 6)

We tell the story of salvation

Priest: The Lord be with you.

All: And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *saying*:

**All: Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you; do this in remembrance of me.

A bell is rung

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

A bell is rung

Deacon: Great is the mystery of faith:

**All: Christ has died,
Christ is risen,
Christ will come again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory yours, almighty Father, for ever and ever.

Amen

THE LORD'S PRAYER

Deacon: As our Saviour taught us, so we pray:

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

**For the kingdom, the power,
and the glory are yours now and for ever. Amen.**

Priest: We break this bread to share in the body of Christ.

**All: Though we are many, we are one body.
For we all share in one bread.**

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you. Eat in remembrance that he died and now lives for you, and feed on him in your heart by faith with thanksgiving.

We sing: [Lamb of God, you take away the sins of the world,](#)
have mercy on us.

Lamb of God, you take away the sins of the world,
have mercy on us.

Lamb of God, you take away the sins of the world,
grant us peace.

We pause to remember all who pray at home, then share the bread, now for us the body of Christ.

SONG during Communion

The Lord is my shepherd

*His goodness shall follow me all the days of my life.
I will walk in God's kingdom forever.*

1. The Lord is my shepherd there is nothing I want.
Fresh and green are the pastures where he gives me rest.
Near still waters he leads me he refreshes my soul:
he shows me the right path he is true to his name.

2. Though I walk through the darkness no evil I fear:
with rod and with staff you comfort my soul;
you prepare me a banquet in the sight of my foes.
My head you've anointed, my cup overflows.

3. Surely goodness shall follow me all the days of my life:
I will walk in God's kingdom, the house of my Lord:
singing praise to the Father and praise to the Son;
and praise to the Spirit forever. Amen.

(words & music: based on Psalm 23 and a trad Irish air, arr Chris O'Hara)

[There's a quiet understanding](#)

1. There's a quiet understanding
when we're gathered in the Spirit:
it's a promise that he gives us
when we gather in his name.
There's a love we feel in Jesus,
there's a manna that he feeds us:
it's a promise that he gives us
when we gather in his name.

2. And we know when we're together,
sharing love and understanding,
that our brothers and our sisters
feel the oneness that he brings.
Thank you, thank you, thank you, Jesus,
for the way you love and feed us,
for the many ways you lead us,
thank you, thank you, Lord.

(words & music: E R [Tedd] Smith)

We are sent out

We pray

Father of all, we give you thanks and praise that, when we were still far off, you met us in your son and brought us home. Dying and living he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

THE BLESSING

[May] the Father from whom every family in earth and heaven receives its name strengthen *us* with his Spirit in *our* inner being, so that Christ

may dwell in *our* hearts by faith, and that, knowing his love, broad and long, deep and high beyond *our* knowledge, *we* may be filled with all the fullness of God; and the blessing of God almighty, the Father, the Son and the Holy Spirit be among *us* and remain with *us* always. **Amen.**

SONG: [Christ is made the sure foundation](#)

1. Christ is made the sure foundation,
Christ the head and cornerstone,
chosen of the Lord, and precious,
binding all the Church in one,
holy Zion's help for ever,
and her confidence alone.

2. To this temple, where we call you,
come, O Lord of hosts, today;
you have promised loving kindness,
hear your servants as we pray,
bless your people now before you,
turn our darkness into day.

3. Hear the cry of all your people,
what they ask and hope to gain;
what they gain from you, for ever
with your chosen to retain,
and hereafter in your glory
evermore with you to reign.

4. Praise and honour to the Father,
praise and honour to the Son,
praise and honour to the Spirit,
ever Three and ever One,
One in might and One in glory,
while unending ages run.

(words: 'Urbs beata Jerusalem' [c7th century], trans John Mason Neale alt; music: Henry Purcell, arr E Hawkins)

Deacon: Go in peace to love and serve the Lord.
In the name of Christ, Amen.

Join us this evening at 6:30pm for our Iona Service



This order of service is
printed on sustainably sourced paper.
Hymns and Songs printed under CCL Licence No. 116429



Common Worship: Services and Prayers for the Church of England
is copyright © the Archbishop's Council (2000)

Photographs may occasionally be taken by an appointed person during services. They are to record our church's story and may be used for publicity. If you do not wish your picture or that of your child to be used, please speak to a Sidesperson or Churchwarden. We respectfully ask that others do not take photographs at Church without permission.

All Saints Safeguarding and Child Protection Coordinator is Eira Jones. if you have any concerns or worries about children, young people or vulnerable adults and don't know what to do don't hesitate to contact her on 07497 781681.